

00-6 Assignment Details (Revised January 10, 2022) - 1

Participants should feel free to contact the instructor or approved provider via e-mail with questions:

Instructor: lenmccarthybmtukecourse@gmail.com

Approved Provider: Notes By Amy notesbyamy2@yahoo.ca

For these assignments, participants will make a video or audio recording of themselves playing on the ukulele. The purpose of these assignments is to ensure the participant is developing good technique and for the instructor to provide ongoing feedback to ensure course success. Upon reviewing the recording, the instructor will prepare written feedback to email to each participant.

Since one's sound and physical approach to playing any instrument are interrelated, a video will provide optimal information for the instructor to assess your progress. A simple video from a smartphone of the student's instrument and hands (clearly visible, framed in landscape mode) will allow for optimal instructor feedback about student's progress and any technical advice.

An audio-only recording will also be accepted, but may reduce the options for the instructor to identify and resolve some challenges that a student might be experiencing due to hand position(s), use of fingers, and how you are holding the instrument as you play.

Choose whatever video or audio format with which you feel comfortable (the default setting on your device will likely be fine). Video files will probably be too large to send via email, so some form of cloud storage (such as Dropbox or Google Drive) will be necessary. The instructor will advise and assist students with simple ways of accessing cloud storage if this is a challenge.

Assignments # 1-6: Recording and Instructor Feedback

See PDF named "Course Overview - Detailed Course Content" for the breakdown of video content, sequence, and positioning of the assignments. Note: Students can progress at their own pace, but *the course must be completed within one year of registration. The first assignment needs to be submitted within the first six months, and the remainder need to be submitted by the end of the eleventh month.*

Please only submit one video at a time, and wait until you have received Len's feedback before submitting the next one; this also applies to Assignments 4 & 6, which consists of two videos. Note that turn-around time from submission of a video to receiving feedback typically takes 2 to 4 business days.

So that you can plan your time to submit assignments, to allow time for Len to view and comment on each video, plus time for you to implement any suggestions, it is likely that you will need a minimum of 6-7 weeks to complete assignments 2 to 7, if you have prior ukulele experiences and/or strong guitar skills. People with no prior ukulele experience (and weak guitar skills) may need twice that amount of time.

Assignment #1 (due after completing video 2d-3b)

Film/send one video of one song; perform complete song:

Jambalaya OR Feelin' Groovy - both with G⁶ and Am⁷ chords

GOALS: To check instrument position, L & RH positions, Chords, Strumming technique

Assignment #2 (due after completing video 5h-2)

Film/send one video of one song; perform complete song:

One of: My Bonnie, Feelin' Groovy (3 chord vsn) OR Four Strong Winds

GOALS: To check RH chord technique, LH Strumming Nuances

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Assignment #3 (due after completing video 7c-2)

Film/send one video of one song; perform only 2 verses + choruses:

Jamaica Farewell OR Leaving On A Jet Plane.

GOALS: To check Island Strum and chord technique

Assignment #4 (due after completing video 10d-2)

Film/send two videos of two songs; but only send one video at a time, and wait to receive Len's feedback before sending the second video. Perform complete songs:

- 1) *One of Rockin' Robin*, OR *Whole Lotta Shakin'* AND
- 2) *One of Sweet Caroline* OR *Chapel of Love*

GOALS: To check Rocking Chords, muted strumming, Shuffle Strum & overall technique

Assignment #5 (due after completing video 11c-2)

Film/send one video of one song; perform only 2 verses + choruses:

Mockin' Bird Hill OR Oh, What A Beautiful Morning

GOALS: To check Waltz Strum

Assignment 6 (due after completing video 14f-4) - FINAL EVALUATION

Film/send two videos of Two Songs; but only send one video at a time, and wait to receive Len's feedback before sending the second video. Perform complete songs:

- 1) *Can't Help Falling In Love* AND 2) *Lollipop*

GOALS: To check 12/8 strumming and overall techniques

Assignment # 7: Developing Suitable Repertoire, Goals and Intervention Ideas (due after completing video 14f-4)

This assignment involves the participant to prepare a repertoire list of no fewer than 15 songs (excluding any that are in this course) to play on ukulele that are suitable for participant's practice – please identify the demographic group for which you are creating this list. Include the key (suitable for singing/playing) plus the meter, chords and grooves used in each song. From this list select 3 songs and state the population for whom this song is intended, potential goals/objectives, as well as how you might implement this song in clinical music therapy sessions. (This implementation can be presented with accompanying video, if so desired; video is entirely optional.)

Assignment #8: Course Evaluation

A course evaluation form will be e-mailed to you after you have completed all your assignments.

Please e-mail this evaluation to notesbyamy2@yahoo.ca

Once the evaluation is received the CBMT approved provider (P-104) will e-mail a certificate to you acknowledging your completion in this course. This course will count for 30 CMTE Credits.